

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
7:00						
8:00			EARLY BIRD 7:20 - 8:30		EARLY BIRD 7:20 - 8:30	
9:00			COME AS YOU ARE 8:40 - 9:50			
10:00	GOLDEN AGE 9:15 - 10:25					
11:00	JUST MOM 10:40 - 11:50			GOLDEN AGE 10:40 - 11:50		WEEKEND SPECIAL 10:00 - 12:00
12:00						
13:00	TIME OUT 12:10 - 13:20			TIME OUT 12:10 - 13:20		
14:00						
15:00						
16:00						
17:00			AFTER SCHOOL 16:00 - 17:10			
18:00	COME AS YOU ARE 17:30 - 18:40	SPORTY SPICE 17:10 -18:20	COME AS YOU ARE 17:30 - 18:40	SOON MOM 17:00 - 18:10	YIN & TONIC 17:30-18:40	
19:00						
20:00	REACH YOUR FEET 19:00 - 20:10		REACH YOUR FEET 19:00 - 20:10	COME AS YOU ARE 19:00-20:10		
21:00	SLEEP WELL 20:30 - 21:40		SLEEP WELL 20:30 - 21:40			